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CELEBRATED LIVING

THE WILD WORLD OF SPORTS
When Sports and Photography Collide

IT TAKES A VILLA
A New Lease On Luxury

SUPERSIZED GOLF
China Redefines the Game

GLOBAL POSITIONING
Twenty Active Escapes

HEALTHY PROFITS
Corporations Get Fit

Matthew
McConaughey
Lightens Up

The Sporting Life

FITNESS • SPORTS • TRAVEL • HEALTH • WELLNESS

Raising The Bar

1 - Max Brenner Chocolate by the Bald Man dark chocolate slab with almonds. www.maxbrenner.com

2 - Endangered Species Chocolate dark chocolate with cacao nibs, yacon, and açai. www.chocolatebar.com

3 - Jin Patisserie dark chocolate almond caramel bar. www.jinpatisserie.com

4 - Boule Habana chocolate with caramelized banana. www.boulela.com

5 - 8 NOKA Vintages Collection featuring: (5) Vivienté Venezuela, (6) Carménago Ecuador, (7) Bambarra Côte d'Ivoire, and (8) Tamborina Trinidad. www.nokachocolate.com

9 - Christopher Norman Chocolates mocha dot bar. www.christophernormanchocolates.com

10 - Románicos Venezuelan sea salt and soy beans dark chocolate bar. www.romanicoschocolate.com

11 - Saxon Chocolates 70 percent dark chocolate cherry and hazelnut bar. www.saxonchocolates.com

12 - Boule Caramel Baguette bittersweet chocolate laced with fleur de sel caramel.

13 - Boule Oscuro with lapsang souchong tea.

14 - Domori Puertomar 75 percent cocoa mass. www.domori.com

15 - Jin Patisserie 65 percent bittersweet chocolate bar with gold leaf.

16 - Vosges Haut Chocolate Calinda Exotic Candy Bar. www.vosgeschocolate.com

Sometimes what tastes good also happens to be good for you. Dark chocolate not only tempts your taste buds with its luxurious and lingering flavors, it is also a potent antioxidant, protecting you from free radicals, and is rich in flavonoids, linked to lowering high blood pressure. So go ahead —indulge. BY NICOLE ALPER



PHOTOGRAPHY BY JOHN SMITH

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